

R4ward



March 14, 2022

www.oaregion4.org

*****In This Issue*****

**** Save the Dates**

**** Region 4 Updates**

- ** Region 4 Assembly hotel information
- ** Region 4 On-the-road
- ** FYI – Region 4 Website live – check it out! <https://oaregion4.org/>
- ** FYI – Region 4 New Address – effective immediately!
Region 4
2355 Fairview Ave N
PMB 338
Roseville, MN 55113

**** WSO Updates**

- ** WSBC 2022 – 100% Virtual
- ** WSO Trustee Openings

*****Save the Dates*****

**** Region 4 Spring Assembly – April 1 – 2, 2022 – It's not too late to register!**

<https://oaregion4.org/region-rep-assembly-registration/>

Join us in person! Hosted by Mid-Continent Intergroup, Wichita, KS

**** Region 4 2022 Convention: July 15 – 17, 2022 – Registration is now live!**

<https://oaregion4.org/product/convention-registration/>

Mark your calendars for the R4 2022 Convention in Omaha, NE!

*****Region 4 Updates*****

****Region 4 Assembly****

April 1 -2, 2022, Wichita, KS

Hotel accommodations for the Region 4 Assembly – **Follow these steps**

- You must call the hotel and make your own reservations. Call the hotel directly: 316.269.2090. DO NOT call the '800#'. This is a local arrangement.
- Ask to book through the room block "Region 4"
- You must provide check in date of Friday, April 1
- The rates are \$79 + tax per room (either 1 king or 2 double beds)
- The room block is for 2 nights (if only 1 night is needed let them know)

Funding is available to send region reps if your Intergroup is unable to fund the weekend. Please contact Region 4 Chair Mary C at chair@oaregion4.org for help with Region Rep funding assistance.

**** R4 On-the-Road - Re-Energizing Group, Intergroup & Personal Recovery!**

These Re-Energize one-day workshops expand on Community Conversations, 12-Steps Within, creating road maps/action plans for your groups & intergroups. Come and hear, share, brainstorm with your fellow OAers how to regroup & re-energize in today's "new normal".

This day of fellowship will include strategy planning, and hands on activities. You will walk away with ideas and support on how to reach those within and outside the rooms, to spread the OA message. So, hop in your car and bring your program friends. All are welcome!!

**** March 5**** – Kansas City, MO – Such an exciting day – you could feel the energy in the room! A sampling of ideas from the day: a camping/glamping convention, TikTok how-to videos, OA FlashMobs and so much more!

May 7 – Fargo, ND – Heart of Canada, Hills & Plains, Red River Valley, Northern Serenity, Unity

May 14 – Des Moines, IA – Central IA, Hills & Plains, Greater Heartland, Promises of Eastern Iowa, Heart of Illinois, Quad Cities

****R4ward**

Spread the word and this e-newsletter to all OA members! To sign up & receive the bi-monthly R4ward just email Meg or Mary with your email address. We'd also love to hear your ideas & suggestions on R4ward content – again just email Meg or Mary.

Mary, chair@oaregion4.org

Meg, r4trustee@gmail.com

****WSO Updates****

****WSBC 2022 – Submit your registration**

Delegates from around the world will be logging in. For the first time, professional interpreters will be available to enable those who don't speak English - this year Portuguese.

All the details on WSBC including registration information & the questionnaire for intergroups to complete are at: <https://oa.org/world-service-business-conference/>.

- The deadline to register for WSBC 2022 is March 31, 2022.

****WSO Trustee Openings**

As of April 30, 2022, there will be four vacancies on the Board of Trustees: those of Region Two Trustee, Region Ten Trustee, and two General Service Trustees. If you're interested in serving as a trustee, contact Meg at r4trustee@gmail.com