



Region 4
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R4ward

April 11, 2022
www.oaregion4.org

****In This Issue – Save the Dates****

➤ **Region 4 Updates**

- Region 4 On-the-road
- FYI – Region 4 Website live – check it out! <https://oaregion4.org/>

➤ **Groups/Intergroups**

- Meeting updates
- Inventories

➤ **WSO Updates**

- Bylaws FAQs

****Save the Dates****

**** Region 4 2022 Convention: July 15 – 17, 2022 – Registration is now live!**

<https://oaregion4.org/product/convention-registration/>

Mark your calendars for the R4 2022 Convention in Omaha, NE!

****Region 4 Updates****

**** R4 On-the-Road - Re-Energizing Group, Intergroup & Personal Recovery!**

These Re-Energize one-day workshops expand on Community Conversations, 12-Steps Within, creating road maps/action plans for your groups & intergroups. Come and hear, share, brainstorm with your fellow OAers how to regroup & re-energize in today's "new normal".

Check out R4 website – Events calendar – for more details. [Scholarships](#) for overnight hotel & mileage available.

May 7 – [Fargo, ND](#) – Heart of Canada, Hills & Plains, Red River Valley, Northern Serenity, Unity –
Location coming soon

May 14 – [Des Moines, IA](#) – Central IA, Hills & Plains, Greater Heartland, Promises of Eastern Iowa, Heart of Illinois, Quad Cities

****Region 4 Assembly****

October 7 - 8, 2022 – Virtual (Look for information in the next couple of months)

Looking for a Host Intergroup to host either the Spring or Fall 2023 Region 4 Assembly. Please contact Region 4 Chair Mary C at chair@oaregion4.org for more information.

****Group/Intergroup Spring Cleaning****

Update your meeting information

Now that more meetings are meeting in person and hybrid, please take the time to make sure your contact information is up to date. Please submit any changes to <https://oa.org/find-a-meeting/?type=0>.

In the middle of the page, you will see the following --> Need to manage a meeting? [Add](#), [edit](#), or [cancel](#) and existing meeting.

Group/Intergroup Inventories

Spring is a wonderful time to inventory your meeting and intergroup. Many of us are working hard, getting the word out that OA is a fantastic place to recover. We all want our OA Home to be welcoming to all of our fellows whether newcomers, long timers and those in-between. As we work our individual programs of recovery, our meetings need tweaking now and then as well.

You can inventory your group over time. Do a couple of questions a week, schedule an actual meeting for the group inventory, or do it in a couple of months. For your group inventory, you can ask someone from your intergroup, region or Region Chair or Trustee if you would like help or have questions.

[Group Inventory](#)

[Intergroup Inventory](#)

****WSO Updates****

**** WSO - NEW** *Frequently Asked Questions about OA Bylaws* is now posted online and is available for free download.

Find it on oa.org here:

[What's happening at OA?](#)

[Document Library under the category "Bylaws"](#)

oa.org/faqs

Bylaws FAQs Answered in New Document

OA's newest document, *Frequently Asked Questions about OA Bylaws*, broadly answers the most common queries the WSO receives about forming an OA service body. If you've wondered, "What is a service body, and what are bylaws?" "How and when should my service body change its bylaws?" or "What if my service body wants to change its officially registered name?," wonder no more! This long-awaited document brings clarity to the process of registering a service body and maintaining that service body with the WSO. Find this FAQ sheet in the Document Library under "Bylaws" and on oa.org/faqs, and print and share it with your group!